

CURRICULUM VITAE

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PROFILE

Freelance 2004 onwards

- **Independent movement artist and practitioner.** Considerable experience in professional and community arts with energy and enthusiasm to meet the challenges of a variety of work with people of a wide range of ages and abilities.
- **Somatic Movement Therapist.** Extensive professional training and experience. Private practice and wellbeing projects.
- **Somatic Movement Educator.** Continuing Professional Development provider. Dance in Health and Early Years Specialist. Extensive experience in the design and facilitation of choreographic and performance projects, with vulnerable people, and in education and community contexts.
- **Visiting Lecturer, University Wales, Newport.** Design and facilitation of movement modules for BA Allied Drama students studying to apply drama in community and health contexts.

Key Skills

- Highly developed choreographic and directorial skills for performance.
- Course design and leadership in education, covering all aspects of curriculum development and student appraisal. Highly motivated teacher with experience at all levels of study.
- Arts Management experience with thorough knowledge and understanding of strategic development and staff management.
- Successful funding applications towards large scale projects and commissions.
- Confident and sensitive therapist with skills and ability to offer work on one-to-one basis and to groups.
- Devising, implementation and evaluation of community and healthcare projects.

Employment History 1990 – 2003

Long Road Sixth Form College, Cambridge

1998 – 2003

Leading tertiary college offering high quality post-16 education and life-long learning within local community.

'A' Level Dance Course Leader and Teacher

- Instrumental in the inauguration of 'A' Level Dance Course with responsibility for design, implementation and assessment of all modules.
- Management and training of contributing staff/artists.
- Movement and performance tutor on all other performance courses.
- Relevant administration, departmental meetings, etc.

Dance House East, Yorkshire.

1995-1997

Regional dance agency with responsibility for programme of in-house and regional participatory workshops and performance alongside professional dance development.

Artistic Director

- Overall artistic leadership & management of organisation.
- Founder & choreographer of in-house touring dance company.
- Ongoing research & strategic development of provision in liaison with funding partners.
- Management of professional dance artists & administrative staff.
- Artistic & administrative staff training and appraisal.
- Representation of organisation & networking with arts, voluntary & government organisations.
- Fund raising and budgeting.

KneeDeep Dance Project/Newbury College of Further Education 1990 – 1995

District community dance project set up following recommendations outlined in research post detailed below. Combined full-time post with Newbury College, funding partner with Southern Arts, Newbury District Council and Berkshire Dance Programme.

Community Project Leader and Lecturer in Dance.

- Overall leadership of district community project
- Design, implementation, evaluation of projects offered to community groups and in health care settings including with:
 - The elderly and frail
 - Children and adults with sensory impairments
 - People with learning difficulties or behavioural problems
 - Vulnerable women and those suffering mental illness
 - People suffering rural isolation and economic deprivation
- Co-ordination and management of annual and seasonal festivals and events
- Development of opportunities between education and community
- Design, implementation, assessment of all dance and performance modules in education.

Southern Arts, Oxford 1990

Production agency developing access to arts participatory provision for disadvantaged people in Oxfordshire and Berkshire in partnership with social and voluntary organisations, local government & artists.

- **Researcher**
To assess needs and resources of dance for disadvantaged people living in Newbury District.
- Effective research, communication and networking.
- Written report and strategic development recommendations.

Previous extensive freelance employment as performance artist and choreographer, touring nationally and internationally, community artist and teacher in education.

Qualifications

Academic Education

- **Middlesex University** 1984-1987

1st Class BA Honours Degree in Dance and Visual Arts

- **St. Martin's School of Arts and Design** **1982-1983**

Foundation Year – Fine Art

- **Welsh Academy of Music and Drama** **1970-1973**

Guildhall Licentiate in Music – Pianoforte (Performance)

Professional Training

- **Integrative Bodywork and Movement Therapy UK** **2003-2007**

Principles of Body Mind Centering(R)

Authentic Movement and Therapeutic Presence

Infant Movement Development

- **Cambridge Centre of Body Psychotherapy** **1999-2001**

Biodynamic Massage Therapy

- **Experiential School of Movement Shaitso** **1993-1994**

The Six Forms of Touch (BMC & TCM)

- **Attakalari in Kerala, Southern India** **1992**

Southern Arts funded research trip

- **Karuna Institute** **1991-1992**

Fundamentals of Core Process Buddhist Psychotherapy

Professional Membership: International Ass. of Somatic Movement education & Therapy, Foundation for Community Dance, Ass. of Holistic Biodynamic Massage Therapy, Integrative Bodywork & Movement Therapy.